



## SUMMARY

- NCAA:** National Collegiate Athletic Association  
Division I, Division II, and Division III  
Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org)
- NAIA:** National Association of Intercollegiate Athletics  
Eligibility Center at [PlayNAIA.org](http://PlayNAIA.org)
- NJCAA:** National Junior College Athletic Association  
Eligibility Center at [eligibilitycorner.njcaa.org](http://eligibilitycorner.njcaa.org)
- Ensure that you are ethical and honest in all of your behaviors
- Contact an EducationUSA Canada Advisor with questions during your decision process
- Consult EducationUSA Canada's *Let's Get Started... Applying for Undergraduate Study*  
In addition to the recruiting process, you must apply for international admissions  
Coaches do not do this for you
- Scholarship awards policy depends on the athletic association. Know your [financial expectations](#).

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## GRADES 9 & 10

- Create a resume that includes [academic](#) and [athletic](#) information
- Create a highlight video lasting 5 to 8 minutes showing your technical skills and team performance
- Build an online presence by creating an online player profile  
Scan newspaper mentions, list championship titles, and upload a highlight video
- Ensure you are on track to meet athletic association eligibility guidelines
- Compile a list of 5 to 10 potential universities and colleges
- Research association rules and regulations for potential association(s)
  - What are the age requirements?
  - Do you qualify as an amateur?
  - What are the GPA requirements?
- Research schools in the United States
  - Call, email, send letters, or text the coach/school
  - Send your resume or transcript to coach/school
  - Schedule an unofficial visit
- College coaches may contact you
  - Receive materials about camps and general educational information
  - Complete an athletic questionnaire

**Coaches have  
rules too!**

Be familiar with what appropriate behavior should be, and contact an eligibility center if you have questions.



## GRADE 11

- Obtain a valid passport
- Ensure you are on track to meet athletic association eligibility guidelines
- Ensure you are on track to meet admissions criteria of potential schools
- Research schools and teams in the United States
  - Call, email, send letters, or text the coach/school
  - Send your resume or transcript to coach/school
  - Schedule an unofficial visit
- College coaches may contact you
  - Receive letters, emails, and faxes from coach
  - Correspond via social media
- Register and take the [SAT](#) and/or [ACT](#)
  - Check schools' admissions requirements
  - Submit test results to schools of interest and to eligibility center
  - You may not schedule an official visit until you have received your SAT or ACT results
- Research how to fund your education
- Update your online player profile often to include statistics, highlights, photos, and videos

### Know your sport!

The rules and deadlines are different for each specific sport.

## GRADE 12

- Complete and monitor your online player profile
- College coaches may contact you
- Schedule and attend official visits to your top choice schools
- After receiving acceptance letters, determine which university or college best fits your needs
  - Consider your academic, athletic, and financial needs
  - Pass the "Broken Leg Test"
    - Would you attend this school even if you weren't playing sports?
    - Can you afford this school without a scholarship?

## SCHOOL DECIDED

- Sign a [National Letter of Intent](#) (NLI)
- Submit your final transcript to your chosen school after graduation
- Contact your coach for a summer workout plan and get ready to move to the United States